

# Building A Satisfactory Career

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Submitted: 25-05-2021

Revised: 01-06-2021

Accepted: 05-06-2021

## ABSTRACT

Background: For any young individual building a satisfactory career is very important in life. Building a career which they like and would enjoy the job in that for the next 40 years is important. Today students in India are not aware of the importance of choosing a career and working towards it. Having clarity for a career is the first step in building it effectively.

Objective: To find out whether the students have clarity for their life to choose a better career option.

Methodology: Questions were prepared and shared with the google link on social media and collected the responses of the students.

Conclusion: After listening to many students, it is clear that many students are there who are not having clarity of their goals and objectives. They are not having a good career goal roadmap for achieving that. They are not clear that if they can achieve the dreams which they have seen in their life.

**Keywords:** Career, Knowledge, Education, Goals, Counseling, Life

## I. INTRODUCTION

Building a career needs a lot of studies, preparations, and knowledge about certain things. Today in the Indian education system we are seeing that the student is just busy working with the traditional subjects that he loses his focus on his abilities and talents. Giving the right path to the student should be the prime duty of the education institution. The schools play an important role in children's lives for choosing his life. Today what student is seeing around him he makes it his life, their ability to think out the box is getting depleted day by day. A student needs to open his mind at the school level because there can interact with many teachers and guides and he can plan out what he wants to do in his career. School education just talks about the basic subjects, we have never seen in schools where is talk and engage students in life building activities and in, the things which a student understands about his life. Students are always talking about the subjects and their completion because of the serious competitions

among the students and teachers forcing them to gain good marks and student makes patterns in his mind; that if he doesn't score good marks then he won't be able to get a good life. Schools should have some career-building workshops or some open sessions where a student can talk openly about his abilities apart from studies and if possible, can he follow his passion or talent.

Of course, there is no doubt that parents and the environment near students also play an important role in deciding the career of the students. But as a student, he spent most of his time with his teachers and friends so the school can create an impact on the student's choices while they are deciding their careers. Today the parents having a little open thinking to allow their child to follow their talent and passion once. So, why not schools can imply these in their institutions. Providing a good mentor or a guide to students in schools can help them a lot. There should be guidance to students after their 10<sup>th</sup> standard because after that the students start choosing their streams. Once the student reaches college, he simply gets confused because he is not able to digest the atmosphere near him. He feels that he is not able to fit into the current culture he is in or he doesn't belong to space. This happens because in the early stage of college the student is not able to cope up with the environment, student, and teachers. Later during this face, the student's depression and other mental health issues.

If there could be good counseling programmers and centers where students can appear and have a better understanding of themselves so there might be a chance that he would not enroll himself in the college where the student doesn't belong too. There should be proper guidance to the students about universities pattern, college entrances, and other things in which they can take a chance. Many students today have an aspiration to be something in life but when they are asked about their road map they are confused and get into self-doubts. This is the reason why many students can't follow their passion because they are not aware of this only. Also, in recent times, the suicide cases in the country are very high and

mostly these are students because there are mainly few reasons which get repeated again and again. Sometimes, the student is not having his preferred colleges, studies, first jobs, and other many reasons. But looking closely we can understand that the roots are from the wrong career decisions.

Today there is a very big gap between college and professional life because the colleges don't know what companies are looking for in freshers and sometimes companies are not able to communicate properly to the colleges about their requirements. That is why we have seen many students leave their jobs and either enroll for higher studies or change their career or remain unsatisfied throughout life. There should be proper job clarity in the student's mind that what he is studying, what this would give him, how his life would be after 15 years. These all things make a student clearer about his life and journey ahead. So that accordingly he can prepare for many other things in his life.

Sure Jobs, did a study on the impact of wrong career choices on students and found shocking results. Most parents want their child to be in a prestigious career and because of that they pressurize their child to adopt a particular career type. According to their report and concerning other research they found around 93% of students and parents are about only seven career options. Due to the choice of the wrong career, the suicide rates in the country are also increasing rapidly. In 2020 one student every hour commits suicide in the country for many reasons like wrong career choices, failure in exams, and many more.

Aspiring Minds, Annual Employability Survey (2019) did a study on engineering students where it states that 80% of the students do not fit in the role of jobs in engineering. In this study, the researcher informs about the gap between professional life and student life. He informs about the skills the engineers required and how much acquire the skills to become the one for which they are coming in the college. Also, most engineering students want to explore their careers in coding, but the industry is demanding AI, Machine Learning, and Data Science. This gap leads to a big number of unemployable students in the country.

Today if we see close to the studies the students are not aware of many career options that are there in the market.

## II. LITERATURE REVIEW

Santisi. et. al, (2018) psychological resources, satisfaction, and career identity in the work transaction: an outlook to Sicilian college students did research was conducted by the team to identify whether the students are having academic

satisfaction and career identify and by preparing the questionnaire and shared with the group of 438 students and taken their review on the topic. Academic satisfaction had a direct effect on the confidence of the student and he would be able to perform extra good in their life.

A study was done by Singh. et. al, (2015) in Odisha among the colleges. The study found that the students choose a career according to their parents and later regret it. Instead of imposing their career choices on the students, the parent should consider the choices of the students and their interests and then decide what their child wants to do. If the student chose the career according to the parent's choice and on mutual consent, he somewhere has to go under the stress and also, he would not be happy with his career. So basically, the study claims the student should work on the career to which he relates himself the most.

Ahmed. et. al, (2017) researched business students as it states that there are many reasons why a student enrolls himself in business studies. There are many factors like the financial outcomes, interest in the subject and many other factors, the personality of the student, and many factors. The structured questionnaire was distributed among MBA/BBA students enrolled in different universities in Karachi. Data were collected from 120 participants and analyzed using SPSS.

Chethan Kumar, Times of India (2020), researched the suicide cases on students in the country. In his study, he states that in 2019 and the years, every hour one student commits suicide he also talks about the increasing number in cases and it comes around 27% increase every four years and this is a huge amount of country. While the proper career counseling is helping in stopping this.

IANS, India TV (2020) researched students considering their career change. In their research, they found that around 77% of students are considering their career change because this pandemic has changed the style of working. This is post covid and now students have to rethink their decisions about their decisions. Time is always changing and it will keep on changing we have to develop our skills with that and work on them. Also, 83% of the respondents of the study want that there should be new technological things in colleges and universities for better exposure and learning experience.

## III. OBJECTIVE

The objective of the study is to whether the students have clarity about their career and so they need some mentor or counselor for their help.

#### IV. METHODOLOGY

The study is descriptive. The study is done among the college students of Rajkot, Gujarat who have enrolled themselves in the jobs. The sample collection is done through the google forms shared on social media applications like WhatsApp, Email

Id, Facebook. The students have given the answers according to their desired goals and what is their actual job or life.

#### V. RESULTS AND DISCUSSIONS

Number of students happy with current career

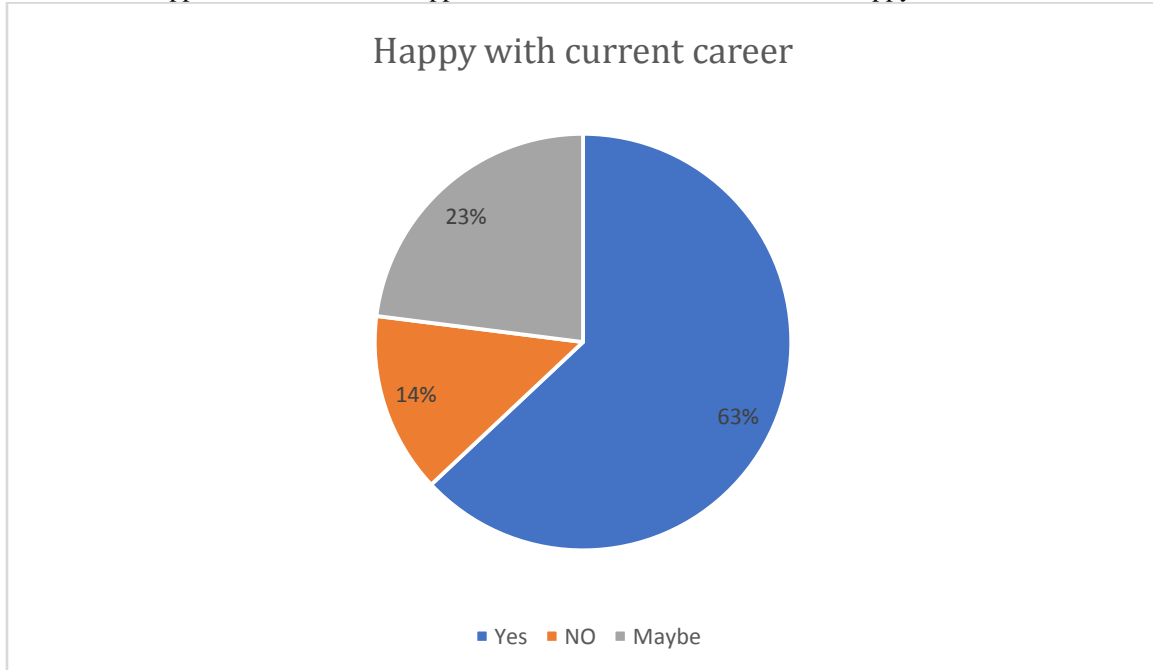


Fig. 1 Number of students happy with current career

A huge number of students have now settled in their careers because now they are quite stable and do want to create something new in life. But by looking closely we can find out there are 14% students who are not happy with their career. If they would have received some better guidance in their career counseling then might they would choose a better plan for themselves. We can't ignore the fact many students are fighting with

their daily problems only because of choosing the wrong career.

Many things matter while choosing the career because a career would be the life of the individual and if the person is not happy then there is no point in being in that career. By looking at the figure we can simply conclude that 23% of the students are still in confusion that the career which they have chosen is giving them happiness or not. Was someone guiding you in choosing a career

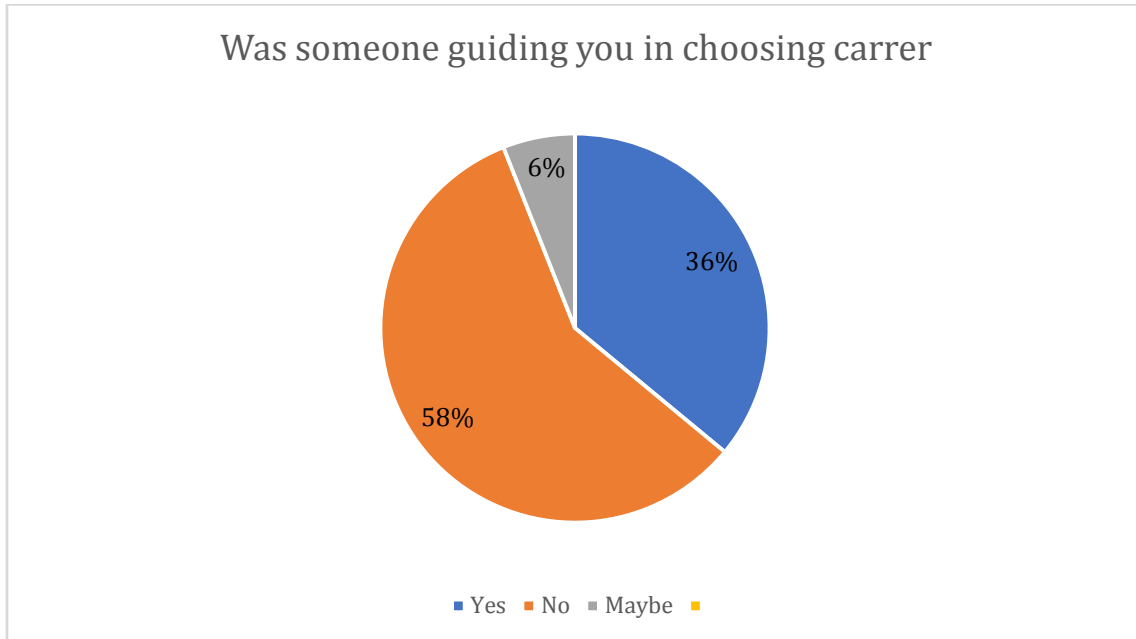


Fig 2. Was someone guiding you in choosing a career

Many students are facing the issue of mentorship and counseling at the school level because if there would be proper guidance in schools then there would be no doubt in the person's mind while choosing and pursuing the career. Having someone senior in life with whom you can talk briefly and get proper guidance while building your life is very essential. 58% of students

are having no one who could help them in their teenage what to choose and what not to choose. The colleges should establish a mentorship cell where the students can get proper guidance for their life and a better view of the professional life they would be choosing after some time. If you would get the option, would you try something else

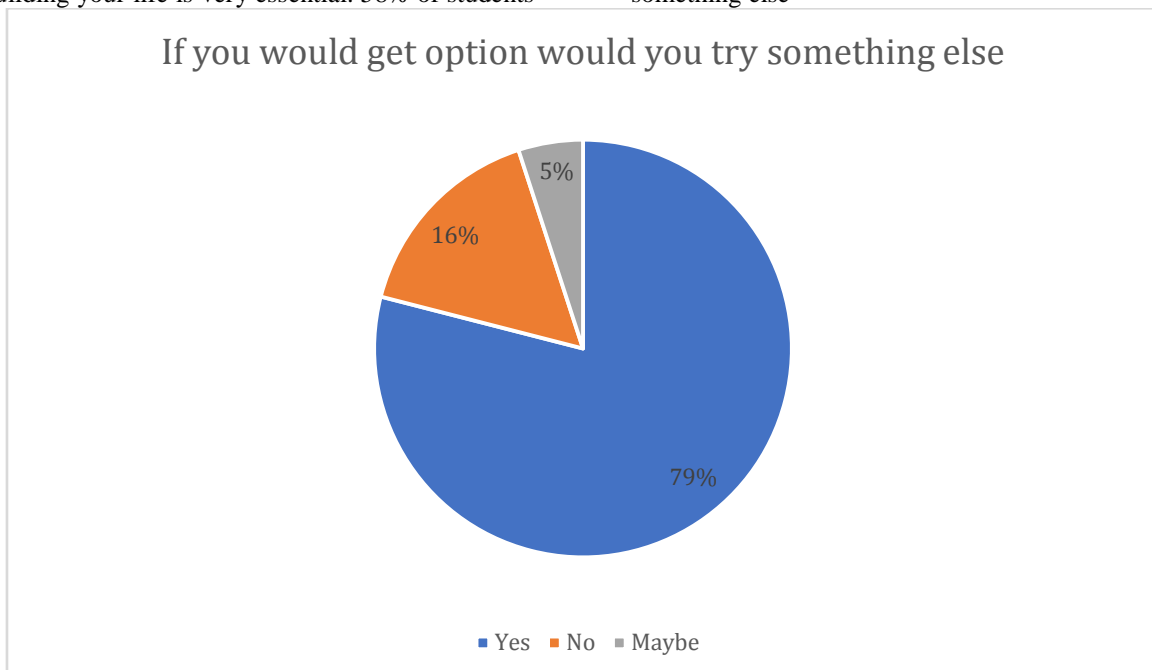


Fig 3. If you would get an option, would you try something else

79% of the students are still ready to pursue their career in the direction of their passion because this would give them happiness and fulfillment in life. Doing something in life is important because a student would enjoy it and would not need a break. They just need proper guidance and they are good to go in the direction of

fulfilling their dreams. Breaking the current career and doing something you love is still a tuff choice but students are still having the power to pursue it. This takes a lot of courage and guts to perform outside the rat race.

Would you change your career in life, if a chance?

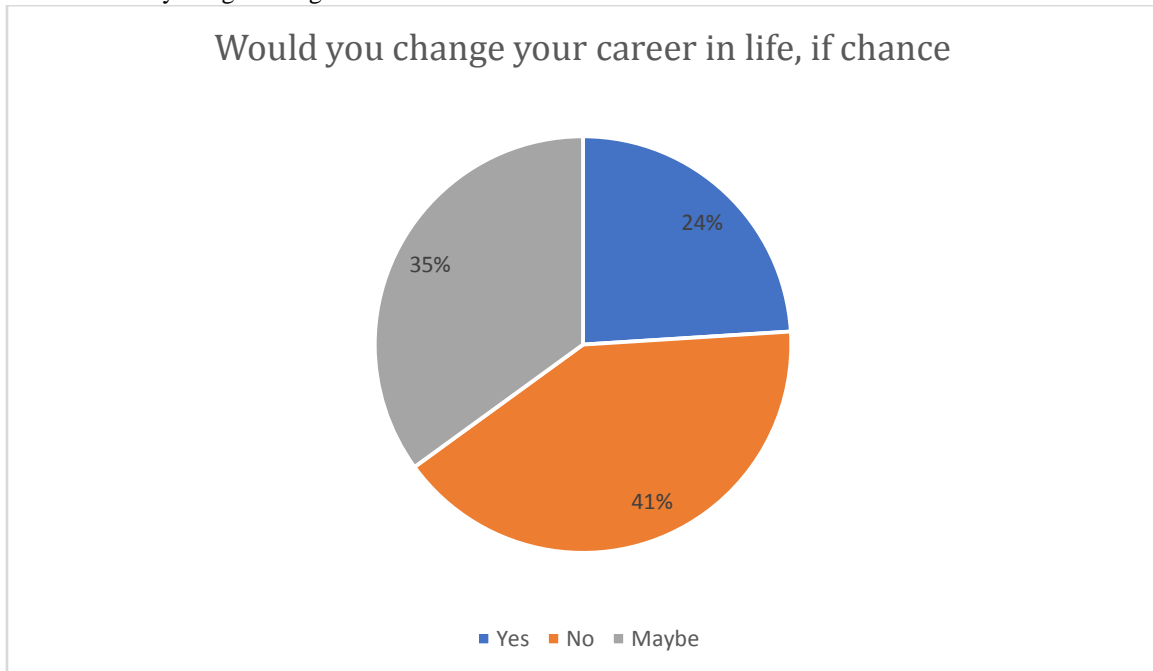


Fig 4. Would you change your career in life, if a chance?

The above figure shows that students are ready to change their careers at any point in time. They can try doing something different from the societal bars and would create something new and different for everyone. Most of the young

professionals still believe that they should leave a job and start pursuing the things where can create employment for others but setting up their own business.

If school helped the career would be different

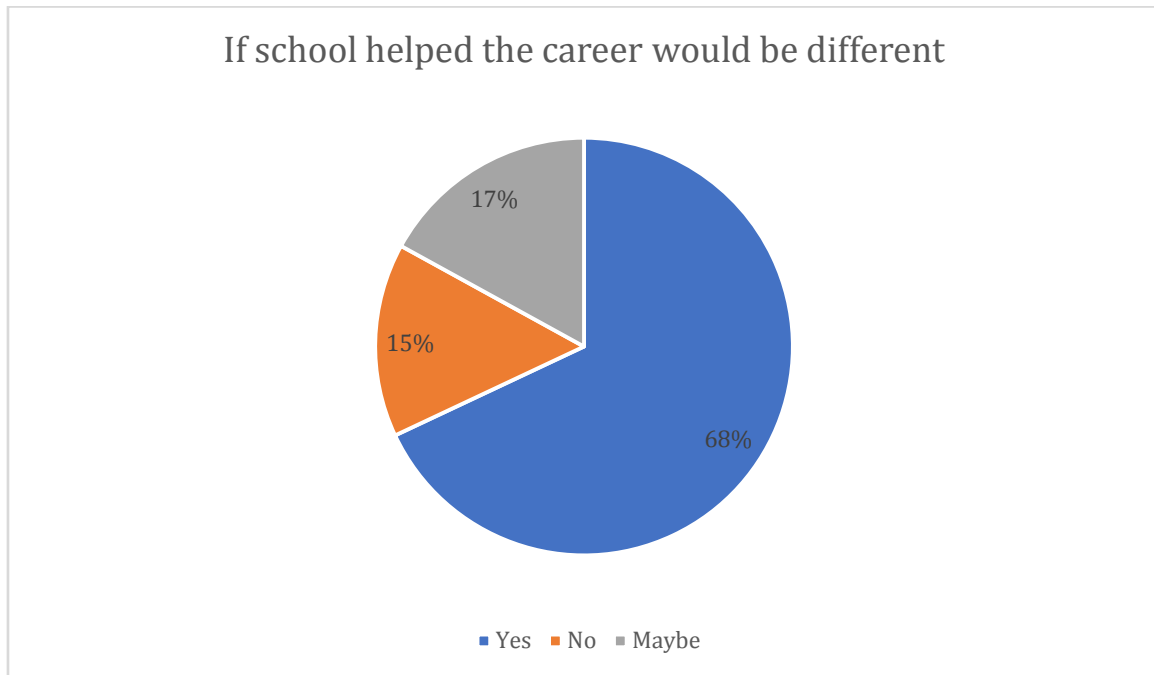


Fig 5. If school helped the career would be different

According to the above-mentioned study, it is clear that students strongly believe that there should be a mentorship program in the schools. They still believe that if their teachers or a guide in school would have helped them, they would have a wide and different perspective towards professional life and plans. Because a student would think of

many things in his school times but shaping their thoughts and making them understand about certain things is the duty of the teacher of and the mentors of schools if available. If the school's authority would decide to make a panel still the upcoming students would have a better view.

Traditional career gets more respect in society

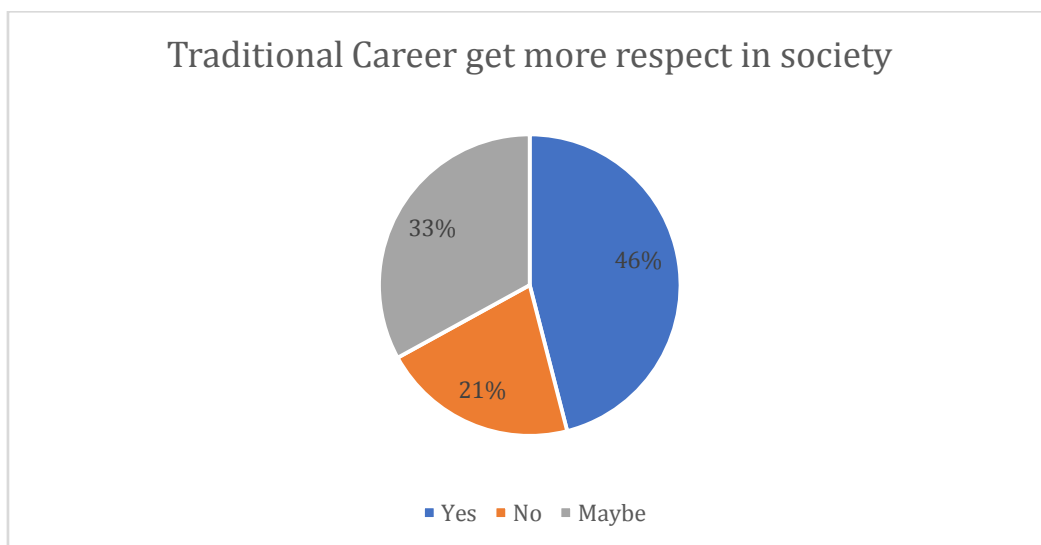


Fig 6. Traditional career gets more respect in society

Still, we have the people who have the orthodox thinking that the traditional careers are good in terms of working to an unstable career option. Their thinking might is right to some point but this could not be applied to all the young

students who are not their peak time of exploring times. Having a government job is not the dream of every student, today the students are having a wide mentality and they choose to conquer the world and

society rather than being settle for a simple and traditional career.

Still, people have a perception in their mind that having a good career and settle life is good for survival but the students have got a different perspective and they are much more capable of doing amazing things in their life. 33% of the students are still confused and there is only one reason behind that and that is not having clear career plans and vision for life.

## VI. CONCLUSION

After taking the responses from the students, it is been observed that the students need more clarity of the real world and they need someone to guide them towards the decisions of their life. Because a student is today capable of taking decisions but guidance is always necessary, so the student does not face any big failure in life. The mentor or the guide shall give them their opinions about the things but should not enforce their decisions on them. The same theory goes for the parents, forcing their child to enroll in the traditional career options is not good. The child might do something amazing in the creative field or the invention sector and can have a very good response from there too. Just looking for the same 7-8 repeated career options would not help one to think something different and be the one. This Covid-19 is also a great contributor in hitting people's minds and making them aware of different options and in the whole lockdown time the students have tried out and checked on the numerous career options. This is helping them a lot. The world is changing every day and the students would be most affected by this change because they are now starting their life in the actual world.

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