

Advancement in Nuclear Thermal Propulsion Technology: A Comprehensive Review

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ABSTRACT: This comprehensive review delves into the evolving landscape of Nuclear Thermal Propulsion (NTP) technology, a transformative frontier in space exploration. Unlike conventional chemical rockets, NTP harnesses nuclear reactions to propel spacecraft, offering unprecedented thrust and efficiency. This paper traces the historical development of NTP, highlighting key milestones and previous programs. It elucidates the fundamental principles driving NTP, encompassing nuclear reactions, propellant heating, and thrust generation. Moreover, the paper presents a detailed analysis of recent advancements, including reactor design improvements, fuel choices, thermal management solutions, safety features, and accident prevention measures. A comparative analysis contrasts these breakthroughs with earlier NTP concepts and their potential impact on space exploration missions. The paper explores diverse applications, from Mars exploration to lunar missions and deep space expeditions, while also addressing challenges and outlining future research directions. Ethical considerations and environmental concerns related to NTP are addressed, along with the significance of continued research and development. This review serves as a comprehensive resource for understanding the present state and promising future of Nuclear Thermal Propulsion technology in advancing humanity's reach into the cosmos.

KEYWORDS: Nuclear Thermal Propulsion (NTP), Human Space Exploration, Fission fragments (FF),

I. INTRODUCTION

In the grand pursuit of space exploration, Nuclear Thermal Propulsion (NTP) emerges as a technology of paramount significance. Its role is poised to reshape the trajectory of humanity's

journey beyond Earth's confines, opening up a universe of possibilities. As we embark on this odyssey, it becomes increasingly evident that the path forward hinges on advancements in NTP technology, an innovative propulsion system that promises to redefine our approach to interplanetary travel.

The very essence of NTP lies in its profound departure from the conventional. In a departure from traditional chemical rockets that derive their power from combustion, NTP harnesses the immense energy generated by the controlled fission of Uranium-235 atoms housed within its reactor core. This transformational approach enables NTP to achieve specific impulse (Isp) values that soar to new heights, with figures reaching between 875 and 950 seconds (s). These figures are more than just numerical; they signify a quantum leap in our ability to reach, explore, and inhabit distant celestial bodies.

The importance of NTP in space exploration cannot be overstated, and it is against this backdrop that this paper takes form. The purpose of this comprehensive review is to delve deep into the annals of NTP technology, illuminating the historical foundations, the current state of the art, and the tantalizing future possibilities. It is a voyage that traverses through the core principles of NTP, the accomplishments of past endeavors, and the path forward, all with the singular aim of unveiling the transformative potential of NTP in shaping the destiny of human exploration beyond our terrestrial abode.

As we embark on this exploration, we will navigate through the rich tapestry of NTP, exploring its significance in the context of space exploration, the imperatives that drive the need for its advancement, and the multifaceted scope of this paper. In the chapters that follow, we will chart a

course that traverses the historical foundations, examines the latest advancements, considers the implications of these advancements on space missions, and contemplates the challenges and ethical considerations that accompany the journey. This comprehensive review stands as a testament to the profound impact that NTP has, and will continue to have, on the future of human exploration beyond the Moon and toward the distant horizons of our solar system and beyond.

From the dawn of the space age, chemical propulsion systems have played a pivotal role in interplanetary robotic missions. However, their limitations, characterized by low energy density and low specific impulse, have become increasingly apparent as humanity's ambitions expand to explore outer planets and beyond. These constraints have necessitated complex gravity assist maneuvers to propel missions to distant celestial destinations. For instance, some missions to outer planets have required multiple gravity assists to achieve their goals.

In recent years, alongside traditional chemical propulsion, highly efficient solar electric propulsion systems have emerged as a viable option for planetary missions. Yet, solar electric propulsion faces its own challenges, chiefly its capacity to generate thrust only within a low-thrust regime. For context, solar electric propulsion systems often produce thrust levels measured in millinewtons, significantly lower than the thrust generated by chemical propulsion systems, which can reach tens of thousands of newtons.

Enter Nuclear Thermal Propulsion (NTP), a compelling alternative that bridges the gap between chemical and electric propulsion systems. NTP offers significantly improved efficiency over chemical propulsion, with specific impulses notably exceeding that of chemical rockets. Perhaps most critically, NTP systems can generate substantial thrust, reducing mission transit times to a fraction of what chemical propulsion would require. For instance, a hypothetical NTP-powered mission to a distant outer planet could complete its journey in a matter of years compared to the decades-long voyage of a chemical-propelled counterpart.

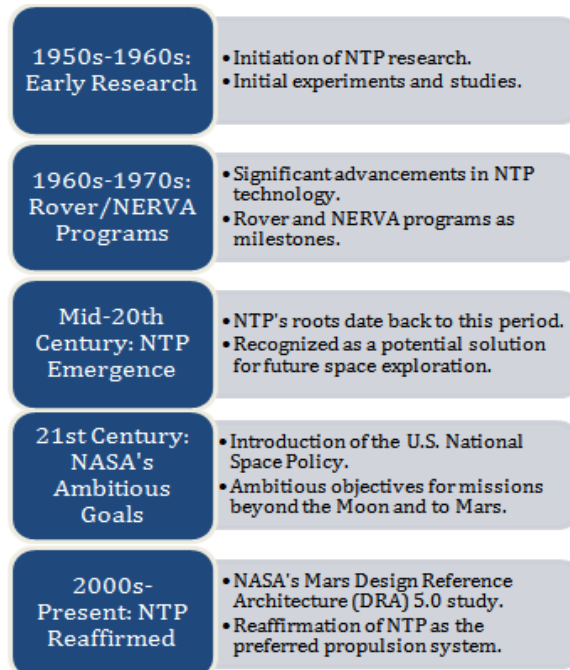
II. HISTORICAL BACKGROUND

In the quest for advancing human exploration of the cosmos, propulsion technology has played a pivotal role throughout the history of space exploration. One notable milestone in this journey was the development and utilization of Nuclear Thermal Propulsion (NTP). As specified in the United States' National Space Policy, NASA embarked on an ambitious mission trajectory, with objectives to send humans beyond the Moon, including missions to asteroids, and ultimately, to orbit Mars and return safely to Earth by the mid-2030s.

The use of NTP, with its roots dating back to the mid-20th century, emerged as a critical element in these future missions. In NASA's Mars Design Reference Architecture (DRA) 5.0 study, NTP technology was reaffirmed as the preferred propulsion system. The choice of NTP was grounded in its historical significance, as it had been a subject of extensive research and development efforts, notably during the Rover/NERVA programs. These programs marked significant milestones in advancing the technology and understanding its potential for human space exploration.

Furthermore, the selection of NTP in DRA 5.0 highlighted its enduring advantages, including high thrust and specific impulse capabilities, as well as its proven track record. It was not merely a matter of historical legacy but a testament to the soundness of the technology. NTP's capability to reduce launch mass requirements by hundreds of metric tons compared to conventional chemical propulsion systems was a game-changing factor, bearing the potential to reshape the landscape of space exploration.

This historical backdrop underscores the importance of NTP as a cornerstone in NASA's pursuit of ambitious human exploration missions. As we delve deeper into the historical evolution and technical intricacies of NTP, we gain insights into the challenges overcome and the potential it holds for the future of interplanetary travel. This review paper aims to provide a comprehensive exploration of NTP's historical journey, its operational principles, achievements from past programs, and its role in shaping the landscape of future space exploration missions.



In the mid-20th century, space exploration ambitions took a bold leap forward with the inception of the ROVER/NERVA project. This ambitious U.S. government program, initiated in the late 1950s and spanning into the late 1960s, aimed to revolutionize space propulsion technology through the development of nuclear thermal propulsion.

At its core, nuclear thermal propulsion diverged from the conventional chemical rocket engines. Rather than relying on the combustion of propellants, it harnessed the immense energy potential of nuclear reactors to superheat a propellant, usually hydrogen. This superheated propellant was expelled at high velocities to generate thrust, offering significantly higher specific impulse and the promise of faster, more efficient space travel.

The project's initial phase, ROVER, yielded invaluable insights and technical data through a series of tests involving engines like the

Kiwi series. These tests not only demonstrated the feasibility of nuclear thermal propulsion but also illuminated its potential for interplanetary exploration.

Building upon the successes of ROVER, the subsequent NERVA phase aimed to refine and advance nuclear rocket engine technology. Engines such as NRX and Pewee were developed and tested, further solidifying the viability of nuclear thermal propulsion as a means of propulsion for future spacecraft.

Despite promising results and the potential to revolutionize space exploration, budget constraints and changing priorities led to the eventual cancellation of the ROVER/NERVA project in the early 1970s. However, the project's enduring legacy endures, offering a treasure trove of research, insights, and technological advancements that continue to shape discussions and inspire developments in advanced propulsion systems for the ever-evolving field of space exploration.



Fig 2.1. Close-Up View of NERVA XE in ETS-1

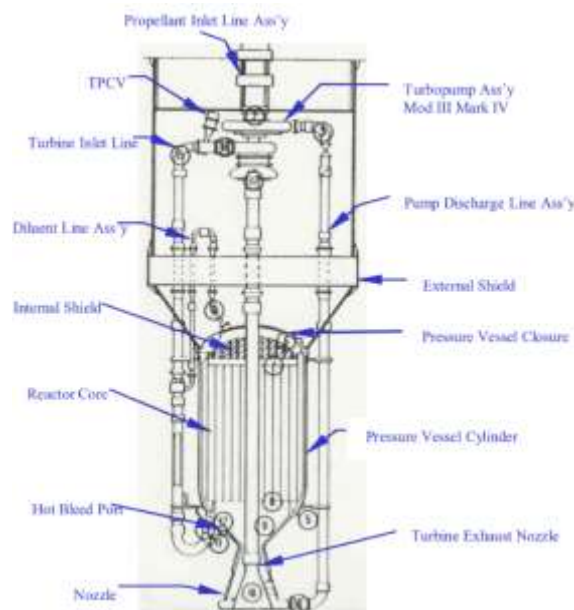


Fig 2.2. Schematic view of NERVA XE in ETS-1

III. FUNDAMENTAL PRINCIPLES OF NTP

The fundamental principle underlying Nuclear Thermal Propulsion (NTP) technology is the utilization of controlled nuclear reactions to heat a propellant, typically hydrogen, to extremely high temperatures, resulting in a significant increase in exhaust velocity and specific impulse. This principle capitalizes on the inherent efficiency and energy density of nuclear reactions, enabling NTP systems to provide superior thrust and specific impulse compared to traditional chemical propulsion. By harnessing the power of nuclear energy, NTP technology offers a transformative approach to space exploration, facilitating faster and more

efficient interplanetary travel, and unlocking the potential for human missions to distant celestial destinations. This principle forms the cornerstone of NTP technology and serves as the driving force behind its advancement and application in the exploration of our solar system and beyond.

I. Nuclear Reactions:

At the core of Nuclear Thermal Propulsion (NTP) is the controlled use of nuclear reactions, typically involving fissile materials like enriched uranium-235. These reactions are carefully moderated within nuclear reactors, resulting in a powerful release of heat energy. The remarkable efficiency of nuclear reactions, exemplified by

Einstein's $E=mc^2$ equation, allows NTP systems to generate vast thermal energy with a minimal amount of nuclear fuel. For example, a small quantity of uranium-235 can produce immense energy, heating the reactor's core to temperatures exceeding 2,500 degrees Celsius (4,500 degrees Fahrenheit). This intense thermal energy serves as the basis for the entire propulsion system, enabling the NTP to achieve the high exhaust temperatures necessary for rocket thrust.

II. Propellant Heating:

The second crucial principle in Nuclear Thermal Propulsion (NTP) involves propellant heating. Cryogenic propellant, often molecular hydrogen (H_2), is introduced into the nuclear reactor's core. The intense heat generated by nuclear reactions superheats this propellant to extremely high temperatures, typically between 2,500 and 4,000 degrees Celsius (4,500 to 7,200 degrees Fahrenheit). This process dramatically increases the propellant's molecular kinetic energy, transforming it into a high-velocity, superheated gas or plasma. As a result, an energetic and high-speed exhaust is created, with velocities ranging from 20,000 to 30,000 meters per second (about 44,700 to 67,100 miles per hour). This high exhaust velocity is a direct outcome of nuclear reactions and propellant heating, enabling efficient thrust generation. The NTR achieves these high exhaust temperatures by utilizing Liquid Hydrogen (LH_2) and an "expander cycle" engine configuration. This involves cooling

essential engine components in one path and cooling tie-tube assemblies in another. The heated hydrogen gas interacts with the nuclear reactor's energy, reaching temperatures typically around 2550-2950 K, before being expelled through a high area ratio nozzle, ultimately generating thrust.

III. Thrust Generation:

Thrust generation in Nuclear Thermal Propulsion (NTP) marks the culmination of its core principles. Superheated propellant, accelerated within the engine, is expelled through a precisely designed nozzle at high velocities. This adheres to Newton's third law, resulting in a powerful thrust in the opposite direction, propelling the spacecraft. The exceptional exhaust velocity, stemming from nuclear reactions and propellant heating, imparts substantial thrust force. NTP systems offer specific impulse values between 875 and 950 seconds, far surpassing conventional chemical rockets. This elevated thrust and specific impulse enable rapid travel to distant celestial destinations, potentially reducing one-way trips to Mars to about 6 months, expanding human exploration horizons in our solar system and beyond. The complex NTR design achieves propulsion by expelling superheated hydrogen through a high-area-ratio nozzle, leveraging Newton's third law for acceleration. Control of thrust levels in various operational phases is achieved by matching LH_2 flow to the reactor's power level, ensuring efficient and precise propulsion.

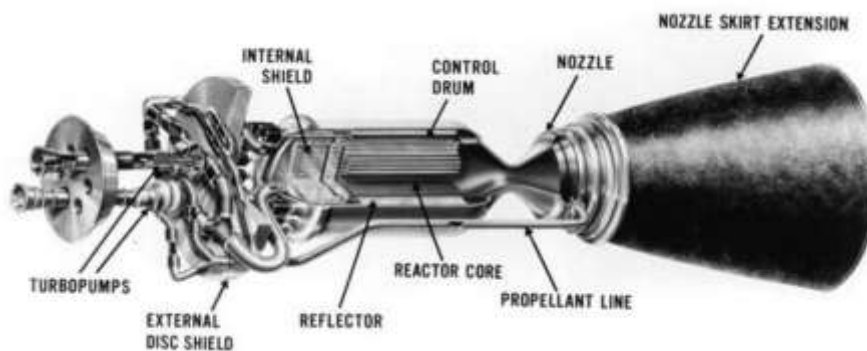


Fig 3.1. Diagram depicting the NTR Engine using the 'Expander Cycle' with Dual LH_2 Turbopumps

The NTR (Nuclear Thermal Rocket) relies on a compact fission reactor core that utilizes 93% enriched Uranium-235 fuel. This core generates the necessary hundreds of megawatts of thermal power to heat the LH_2 (liquid hydrogen) propellant to extremely high temperatures, enabling powerful rocket thrust. In the expander cycle of the Rover/NERVA-type engine, high-pressure LH_2 is

divided into two paths. The first path cools critical engine components such as the nozzle, pressure vessel, neutron reflector, and control drums, while the second path cools the tie-tube assemblies. These flows are then combined, and the resulting heated hydrogen gas drives the turbopump assemblies, facilitating efficient rocket propulsion.

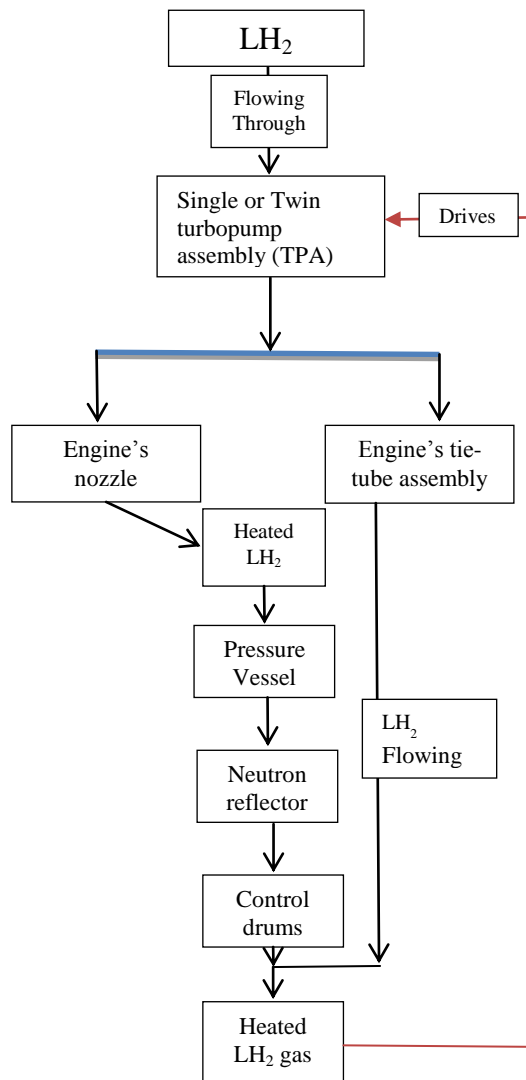


Fig 3.2. Flowchart of LH₂ flowing through NTP system.

IV. RECENT ADVANCEMENT IN NTP

In recent years, there have been significant developments in Nuclear Thermal Propulsion (NTP) technology, particularly in the pursuit of enhancing the performance of NTP systems for future space exploration endeavors. Traditional NTP systems, such as the NERVA project, have relied on solid-core thermal rockets with convective heat-transfer mechanisms between fissionable fuel and propellant. These systems faced limitations due to the need to maintain structural temperatures below 3500 K, resulting in specific impulses similar to chemical propulsion. However, recent technological variants, including liquid oxygen-augmented NTP and bimodal NTP-NEP (nuclear electric propulsion), have not fundamentally altered the baseline NTP performance. Another promising

concept is gas-core fission propulsion, which allows for higher propellant temperatures but presents engineering challenges. While this approach offers the potential for specific impulses in the tens of kilometers per second range, it comes with increased weight and lower thrust compared to solid-core NTP. A more visionary approach explores the use of plasma fusion reactors to heat hydrogen, showing potential for specific impulses of 1.1–1.2 km/s with considerable thrust. Additionally, an intriguing concept involves fission fragments propulsion, utilizing ultra-thin layers of Americium 242m to heat hydrogen, offering specific impulses of 15,000–20,000 m/s. These advancements represent a paradigm shift in NTP technology, enabling the exploration of interplanetary destinations with greater efficiency and shorter

mission durations, although significant engineering challenges remain in realizing these concepts fully.

The novel concept of fission-fragments (FF) enhancement in nuclear propulsion represents a groundbreaking departure from traditional solid-core nuclear thermal rocket (NTR) technology. Preliminary assessments suggest specific impulses exceeding 15,000 m/s, significantly surpassing conventional NTR. FF propulsion may face fuel availability limitations rather than propellant constraints, setting it apart. However, drawbacks include lower overall efficiency, reduced thrust-to-weight ratios, and increased size. Addressing these challenges is crucial for demonstrating the feasibility of FF propulsion for human missions to Mars.

Advancements in nuclear thermal propulsion are exemplified by the innovative Catiuscia heating tubes. These tubes, made from specialized carbon composites, feature hydrogen-permeable channels for propellant flow. Simulations reveal a 40-atmosphere pressure drop, ensuring efficient mass flow. Energy deposition from fission fragments influences propellant conditions, leading to controlled thermodynamic properties upon exit. After heating, the propellant accelerates through a nozzle, converting internal energy into thrust. Any excess fission energy is efficiently managed by a liquid lithium cooling system. This promising technology marks a significant step forward in nuclear thermal propulsion development.

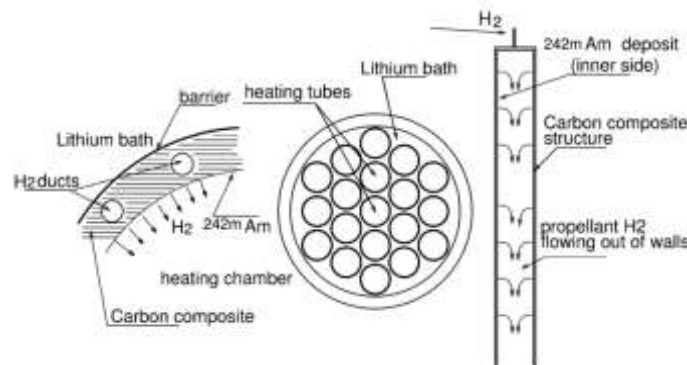


Fig. 4.1 Engine's heating chamber with a single tube design.

V. CHALLENGES AND FUTURE DIRECTION

Challenges and Future Directions in nuclear thermal propulsion (NTP) encompass a range of factors critical to its development and deployment. NTP offers long lifetimes and high-power density, making it attractive for deep-space missions. However, the flow instability and heat transfer challenges due to high heat release and density changes must be addressed. Developing robust thermo-hydraulic calculations, refining system analysis methods, and ensuring code validation are essential steps in NTP system design.

In this study, the RELAP5 system analysis code was modified to incorporate the properties of hydrogen, the chosen propellant for NTP. Validation against experimental data demonstrated its accuracy. This code can be instrumental in analyzing NTP systems, such as those planned for future Mars missions by NASA.

NTP offers significant advantages, including high thrust levels, high fuel temperatures, long operational lifetimes, and increased carrying capacity compared to traditional propulsion systems. The use of hydrogen as a propellant due to its low

molecular weight further enhances its appeal. Thermo-hydraulic analysis of the nuclear reactor core is crucial for NTP design.

Historical experimental data and research results from programs like ROVER/NERVA have provided valuable insights into hydrogen's properties as a propellant and its flow behavior in nuclear reactors. System analysis codes like RELAP5 play a vital role in designing NTP systems.

The modified code incorporates thermo-physical properties, transport properties, and flow and heat transfer correlations for hydrogen. Validation against experimental data ensures its reliability in simulating NTP system behavior. Additionally, this study highlights the importance of considering heat conduction between inner and outer reactor cores for accurate modeling.

VI. CONCLUSION

In conclusion, NTP represents a departure from traditional chemical rockets by harnessing controlled nuclear reactions for propulsion, offering higher thrust and efficiency. The paper traces the historical development of NTP from the ROVER/NERVA era to recent advancements,

showcasing the enduring significance and potential of NTP in future space missions. Fundamental principles, such as nuclear reactions, propellant heating, and thrust generation, underpin NTP's capabilities. Recent advancements include innovative concepts like fission fragments propulsion and Catuscia heating tubes, pushing the boundaries of NTP technology. However, challenges remain, including flow instability and heat transfer issues. Addressing these challenges and refining system analysis methods are crucial for realizing the full potential of NTP in advancing human exploration beyond Earth's confines. This review serves as a valuable resource for understanding the past, present, and promising future of NTP in expanding humanity's reach into the cosmos.

Utilization of Nuclear Thermal Propulsion in space exploration missions aligns with broader goals of sustainable and ethical space exploration. NTP's higher efficiency means that fewer resources are required for each mission, reducing the environmental impact and resource consumption associated with space exploration. Additionally, the reduced mission durations and increased payload capacities contribute to more efficient resource utilization and, potentially, a reduced need for resupply missions.

While the potential benefits of NTP are compelling, it is vital to acknowledge the challenges that lie ahead. Addressing technical hurdles, such as flow instability and heat transfer issues, remains a priority for researchers and engineers. Furthermore, the ethical considerations associated with the use of nuclear technology in space, including safety and environmental concerns, necessitate rigorous evaluation and mitigation measures.

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