

# Parkinson's Disease Prediction Using Convolutional Neural Network

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Submitted: 15-07-2022

Revised: 27-07-2022

Accepted: 29-07-2022

**ABSTRACT**— Parkinson's disease is a neurodegenerative disorder that affects the neurons that produce dopamine in a specific area of the brain called substantia nigra. This causes hindrance in motor and speed skills. For successful treatment of Parkinson's disease, it is essential to monitor the disease's progress. Voice changes at an early stage before the brain cells are affected. Here we aim to predict if a person has Parkinson's disease using voice recording data set of patients by using a neural network. The voice of the patients is recorded and the features are extracted through MFCC. The voice recordings are tested to predict if a person has Parkinson's disease and also to tell the condition of the disease.

**Keywords:** Parkinson's disease, dysphonia, MFCC, Convolutional neural network

## I. INTRODUCTION

Parkinson's Disease (PD) affects the aged population, it is a progressive neurological condition [1]. The pathological hallmark of PD is a slow degeneration of the nigrostriatal dopaminergic system. The widely accepted subcellular factor which underlies PD neuropathology is the presence of Lewy bodies with characteristic inclusions of aggregate alpha-synuclein. PD-specific pathology extends far beyond the nigrostriatal dopaminergic system, affecting the widespread brain areas, including the olfactory system, autonomic, cerebral cortex, and gain setting brainstem nuclei. Motor symptoms such as akinesia, tremor at rest, postural instability and rigidity are the cardinal signs of PD. There are also many non-motor features of PD including behavioral and psychiatric problems such as dementia, fatigue, anxiety and depression, autonomic dysfunction, addiction

and compulsion, psychosis, olfactory dysfunction, and cognitive impairment [2]. The UPDRS scale, known as the Unified Parkinson Disease Rating Scale, is a rating tool used to gauge the level of Parkinson's disease in patients. This scale has been modified over the years with the help of several medical organizations and continues to be one of the bases of treatment and research in PD clinics [3]. It is used to follow the longitudinal course of Parkinson's disease. The UPDRS rating scale is used mostly in the clinical study of Parkinson's disease. It includes a series of ratings for typical Parkinson's symptoms that cover all of the movement disorders of Parkinson's disease. Assessment based on UPDRS is tiring and time-consuming. The patients' physical presence is required in the clinic which makes its use difficult. Thus, giving rise to the need for an objective, reliable, and easy-to-use diagnostic modality. Individuals with Parkinson's disease (PD) exhibit a motor speech disorder called hypokinetic dysarthria caused by damage to the basal ganglia control circuit. The symptoms related to the vocal impairment of Parkinson's disease patients are called dysphonia [4]. Dysphonia can be recognized as the initial presenting speech feature in Parkinson's, they exhibit mildly strained, tight, or whispered voices. The dysphonia measure could be treated as an important and reliable tool in assessing the voice-related problem and in monitoring it at different stages [5, 6, 7]. Here the feature selection method is used to evaluate the contribution of features in the assessment of disease at different stages for better accuracy [8]. The proposed approach helps to detect Parkinson's disease from the voice attributes of patients by using Convolutional Neural Networks [9]. The premotor stage of PD should be monitored carefully for early detection. The

premotor stage shows the symptoms like Rapid Eye Movement (REM), Sleep Behavior, and Olfactory loss. In this work, a deep learning model is designed to discriminate between normal individuals and patients affected by PD.

## II. LITERATURE REVIEW

In the year 2018 Diogo Braga et. al [10] suggested the methodologies to detect Parkinson's disease in its early stage. The background condition was uncontrolled and the speech was analyzed. The results portrayed the potential of the random forest method and Support Vector Mechanism (SVM). The system did an acoustic speech analysis and the energy was used to feed a classification-based machine learning algorithm. The results showed the acoustic clues that are compatible with persons affected by Parkinson's disease and also the healthy persons. The paper analyzed the problems of Parkinson's disease and explained the reasons behind it, also showed the importance of detecting Parkinson's disease. The aspects like the screening techniques and therapy with their costs were discussed. The neurological implications in speech production and its detection and coverage were described. The machine learning approaches were also mentioned with a brief discussion of the techniques used and the advantages and disadvantages of fusing them. With all these into account, a new approach was proposed in [10], and in comparison with other methodologies, their methodology exhibited high robustness to disturbances. It also has the advantage of non-invasiveness, with low cost and much comfort. In the year 2019 Salim Lahmiri and Amir Shmuel et. al [11] stated it as a neurodegenerative disorder that is due to the loss of dopamine-producing neurons. The symptoms that were categorized as motor and non-motor. A neighborhood ranking technique that is coupled with a support vector machine SVM to distinguish the healthy individuals and the Parkinson-affected individuals was utilized. The ranking patterns of the voice and the features were ranked accordingly and the ones with great accuracy, specificity, and sensitivity were redistributed for the study. The wrapper technique based on the induction algorithm analyzed the pattern sets. The results showed that the SVM classifier achieved the highest classification accuracy for the classification of the features with the first 14 voice patterns identified by Wilcoxon based pattern ranking technique. They pointed out the need to explore

the multimodal Parkinson's disease diagnosis technique that can be used to improve the performance to increase the accuracy in the future.

Athanasios Tsanas and Max A. et. al [12] mentioned about the unified Parkinson's disease rating scale UPDRS. The verbal phonations that can be used to predict the Parkinson's disease symptoms were examined. A map between dysphonia measures and the scale was observed. The motor and non-motor symptoms were analyzed with the UPDRS which were similar to that of the clinician's observations. The algorithm was equivalent to a brute force search with all possible measures to find the smallest combination possible which is the prediction method used here.

R Prashant et. al [13] analyzed the use of questionnaires to develop the predictive model for the Parkinson's disease detection. A predictive model was developed that has an accuracy that is greater than 95 percent. The different strategies used to manage the disease were discussed. The MDS UPDRS Questionnaire was developed for the prediction models to classify the PD-affected patients. The machine learning techniques that are used to detect the diseases such as boosted trees, logistic regressions, support vector machine and random forest were also utilized. All these techniques had high accuracy and high area under the ROC curve. Among all these logic regression capabilities, the best results were obtained. All these techniques help to analyze the initial evaluation of the patient but for more in-depth analysis, SPECT imaging must be used. It was also proved that a patient's self-questionnaire is a better tool for the analysis of themselves. It was stated in [13] that combining both the existing questionnaires through machine learning will be an alternative way that has a better probability to detect PD subjects.

Hakan Gunduzin [15] stated that PD has multiple motor and non-motor symptoms with the focal impairments shown at an early stage. In this, two methods based on CNN to identify the Parkinson's disease were introduced. Both the methods have similar frameworks but their combining mechanism for the features are different. The first method combines a 9-layered CNN as input to the feature sets, whilst the second framework uses a parallel input layer that is connected to the CNN layer. It was on the UCI machine. This work is the first to implement that method with parallel layers with a dataset including 3 voice recordings. It was stated that the parallel layer network enables to use of different types of datasets that can be fed into the

network inputs. This gives the multimodal data analysis in PD classification.

AiteXhalet. alin [16] discussed a method that is based on machine learning to rate the PD severity from gait analysis with the help of foot sensors, they used spatiotemporal patterns of gait data. A deep learning architecture and a two-channel network on LSTM and CNN used were for modeling the gait data over a period of time. The previous model provided only binary detection, but the proposed model has the ability to perform multi-category classification that enables us to understand the severity of PD from gait sensors. However, this work only enables to the finding of the severity of PD. Also, VGRF gait data is hard to obtain as the patients have difficulty walking because of the severity of the disease. It was claimed that in future works fused features can be used to achieve greater accuracy. The LSTM also is advantageous as it can include more data types. These approaches provide a baseline for future works and also inspire to make more computer-aided applications.

In the work by Laura Silveira Moriyama et. al [17], the smell of identification tests has been used for the detection of PD. Hyposmia is common in PD patients and can be utilized for PD identification. The study had 221 patients with PD and 207 without. The Queen Square Brain Bank Criteria was satisfied for the diagnosis. The DaTSCAN dataset was used. The smell test showed good accuracy this helps to know about the nasal fluctuations and the analysis of the respiratory tract. It was also stated that dopamine transporter scan is hard to find and are expensive, and also has the chance of misinterpretations.

The work suggests that odor tests are cheaper and are more available.

In [18], Gaetano Valenza et. al states that PD affects a person in many ways and they aim for a comprehensive computational assessment of heart beat dynamics as PD has spontaneous cardiovascular oscillations. They are computed at 600s obtained for 29 healthy people and 30 PD patients. The variance was in the Lyapunov exponent. ANS-related HRV metrics were employed for the PD analysis. The plethysmographic signals were recorded and the difference was analyzed. The instantaneous linear and non-linear cardiovascular dynamics in PD was calculated and the features of both PD-affected and healthy subjects were analyzed. The modeling technique was based on the theory in homogeneous nonlinear point process. The statistical PD analysis was done and found that the inter-

subject variability reduced the group differences in cardiovascular dynamics. The accuracy obtained was 70.83%. They only need the ECG as it has cardiovascular dynamics which is easier these days and also portable. The parameter optimization for SVM can be improved in their future models.

The feature extraction classification was discussed by Suleyman Bilgin in [19]. They studied Parkinson's disease which is a nervous system disorder and Huntington's disease which is hereditary causing nerve cell degeneration. The gate dynamics were also disrupted due to the NDD, the early diagnosis is very important. The study was done by 60 with one-minute recordings of the CFS signal that is taken from 13 ALS, 15 PD, 20 HD, and 16 healthy persons were included in the study. The CFS is taken from the left and right foot of the patient during each gait cycle. The CFS is then transformed for the determination of features. The analysis is done by electromyogram or blood tests, all these methods are time-consuming and may have misinterpretations. Wavelet analysis is done to investigate the signal in both the time domain and the frequency domain. The wavelets had the best performance compared to others their comparison had LDA and NBC mean values and fast algorithms for ALS discrimination study were created but they needed more time for the competitive analysis of the gate signals. The study provided solutions to the signal parameter changes that are obtained from the patient they are done by the usage of an artificial intelligence algorithm. The ALS can be discriminated from other groups by the observation of the eD5 Band.

### III. METHODOLOGY

The flowchart represents the proposed PD detection procedure. This study proposes a deep learning [20] framework for the early detection of PD. Detection and is done in two stages namely the testing stage and the training stage. It is illustrated in Fig 1.

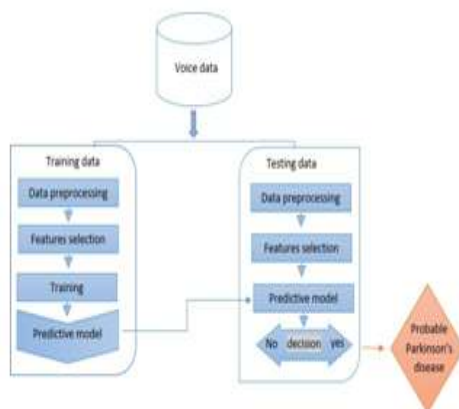


Fig1. Flowchart of the proposed model

### TRAINING DATA

The training process consists of 4 stages,

- Data preprocessing
- Features selection
- Training
- Predictive model

#### ➤ Data Preprocessing

The data preprocessing is used to prepare the raw records of data to make them suitable for the application in machine

dataset contain any missing data, it could create a huge problem for the machine learning model. Then the categorical data is encoded. And then the dataset is split into train and test data,

$$x[k] = \sum_{n=0}^{N-1} x[n] e^{-jkn}$$

N

n=0

kn)

learning. The data preprocessing helps to improve the efficiency and accuracy of the machine learning model. The raw real world generally has many missing values, and noises and also can be an unusable format that cannot be used directly for machine learning purposes.

The first step in data preprocessing is to obtain the dataset. The dataset is converted into CSV (Comma Separated File) file. The python libraries have to be imported in order to perform the preprocessing in python. Numpy library and Matplotlib is used for this purpose. Then the datasets have to be imported, the "read\_csv()" function is used for this. Next, the missing data have to be handled.

In the MFCC feature selection which is illustrated in Fig.3, the first step is A/D conversion. Now, the audio is sampled and converted from analog to digital, they'll be in discrete forms. Next, the pre-emphasis is done to boost the energy in higher frequencies, it is done by a filter. Then, windowing is done by slicing the audio waveforms into sliding frames. Then DFT is applied to extract information in the frequency domain by the equations shown below.

N-1

2π

which is illustrated in Fig.2.

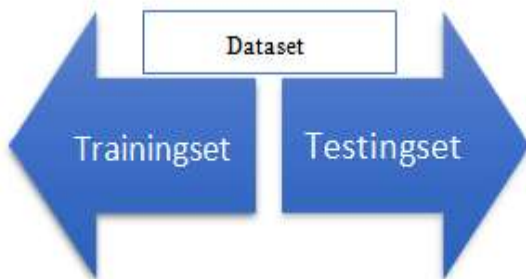


Fig2. Data set

The training set is the subset of the dataset to train the machine learning model. Here the output is already known.

➤ **Features selection**

Machine learning extracts the features for in-gadenserepresentation of the model. To obtain the audio features, an acoustic model is created. To extract the audio files, a 25ms wide sliding window is used. The features extracted have to be independent, for this many models have been created, and we use Mel-Frequency Cepstral Coefficients (MFCC). It consists of 39 features, 12 of which are related to the amplitude of frequencies.

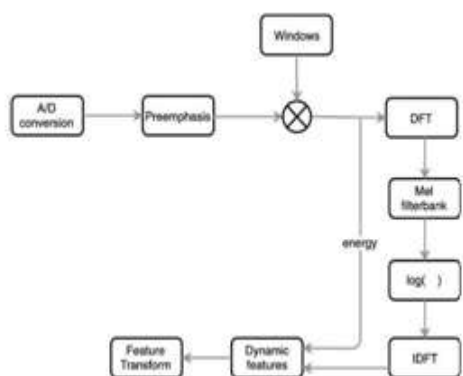


Fig3. Flow of extracting MFCC features

The output of the DFT is squared to  $(x[k]^2)$ , it is called the DFT power spectrum, here the Mel-scale filter banks are applied to transform it into a Mel-scale power spectrum. The log is then taken from the output of the Mel filter bank. The Inverse Discrete Fourier Transform (IDFT) is done to transform the pitch information. The dynamic features are composed of the 39 MFCC features.

➤ **Training**

A training model is used to train the data, consisting of sample output data and parallel sets of input data. The learning rate for the iteration process is set to 0.00001 with 80 steps in each training iteration. Class is set as with Parkinson's and without Parkinson's, the X and Y classes respectively are split into trainX, testX, trainY, and testY. Then the train data and train label is printed. The tensorflow is the tensor flow which is a platform for the neural network.

Long Short-term Memory (LSTM) is a feedback network for the training. The training is done through a supervised model using an optimization algorithm combined with backpropagation through time.

➤ **Predictive model**

The predictive model is a model in machine learning that is used to predict the likely outcomes by analyzing the present and past data. Here the model shows if the given data is Parkinson's positive or negative.

**TESTING DATA**

The process of testing data is also done in 4 stages,

- Data preprocessing
- Feature selection
- Predictive model
- Decision

The first 3 steps in data testing are done similarly as is in the training process. The data is split as testX and testY and the MFCC features are extracted and compared with the model and then the decision is made.

The decision-making process is done through the variables that are acquired through the training process. They finalize whether Parkinson's disease is present or not.

**IV. RESULT AND DISCUSSIONS**

In this section, the experimental results and discussions of our proposed CNN architecture is explained. The sklearn learning technique is used to analyze the accuracy of the training and testing stages. SK-learn is a free software machine learning library for the Python programming language and is also used to split training and testing data. SK-learn is written in Python and uses NumPy extensively for high-performance linear algebra and array operations.

Fig. 4 gives the confusion matrix gives the performance of the model for the provided test data.

		Actual	
		Positive	Negative
Predicted	Positive	True Positive	False Positive
	Negative	False Negative	True Negative

Fig4. Confusion Matrix

To evaluate the performance of machine methods for discriminating Parkinson's patients, the following criteria was employed:

- $Accuracy = \frac{TP+TN}{TP+FP+TN+FN}$

where TP is the number of true positives, FP is the number of false positives, TN is the number of true negatives and FN is the number of false negatives.

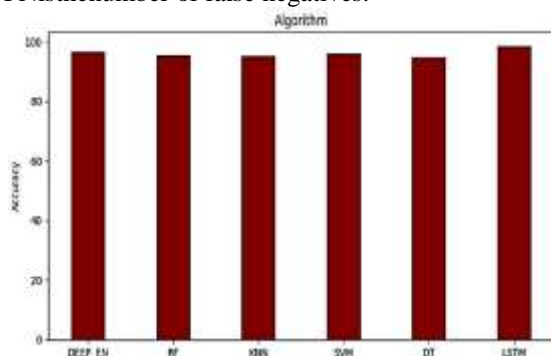


Fig5. Accuracy comparison of the models

With a learning rate of 0.00001 and 80 steps in each iteration, we obtained an accuracy of 98.41%, this gives us a more accurate prediction than the previously done works. Fig5. shows the accuracy comparison of the models. The early detection of Parkinson's disease can be of great use in reducing the impact, that the disease has in store. The CNN is advantageous as it reduces the human help at most, and the training process helps the system to learn the processes.

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